



Call out for musicians to train as *Musicians in Hospitals*

Arts OutWest seeks expressions of interest from musicians to participate in training for *Musicians in Hospitals*. This involves participating in a 2 days of training session at **Parkes Hospital** including doing a practical session in the hospital with feedback, on **Monday and Tuesday, 26 & 27 June** followed up by a further practical session of being a musician in a hospital or aged care setting close to where you are based.

The program calls on musicians to work in flexible, fluid, responsive and dynamic ways in hospitals.

The two-day training program includes sessions with UK based leaders in this field Opus and with trained music therapist Kerrie Davies as well as with the Arts OutWest team.

After reading the information below, interested musicians can apply to be part of the program by filling in an expression of interest form and sending to Arts OutWest, to be received in the Arts OutWest office by **Tuesday 13th June 2017**.

Background

Arts OutWest has been operating as the consultant to Lachlan Health Service's Culture and Arts program since late 2015. During that time both hospitals have undergone re-development programs. Arts OutWest has managed a program of arts and culture, including successful sessions of musicians in both hospitals, led by music therapist Kerrie Davies.

In 2016 the first NSW Framework for Health and the Arts was released; with this came some funding for health to instigate projects. As part of this funding managed within Western Local Health District a small grant was given to Lachlan Health Service to put a training program in place so that musicians in the region could start developing the skills and knowledge to work effectively in health settings.

There's a wide body of research that live music experiences can have beneficial outcomes for people in hospitals and aged care.

The training program

Arts OutWest is seeking 6 musicians from the region to participate in a 2 day training course as well as a subsequent practical session. The training will be delivered by music therapist Kerrie Davies as well as through online sessions with UK organisation Opus (see http://opusmusic.org/?page_id=2).

The sessions will include some general background to arts and health, sessions on effective approaches for musicians in health settings and practical sessions of delivering music work in hospitals with critical feedback and support.

The participants will attend 2 days of training at Parkes Hospital on Monday 26 and Tuesday 27 June.



After the two day session, each musician will be asked to deliver a music session in a hospital or aged care setting which will be supported and critiqued. The time and location for this session will be negotiated individually with Arts OutWest.

Each musician **will be paid a fee of \$340** to do the training and deliver their supported music sessions. Travel costs and accommodation will be provided if needed.

All practitioners will be required to have a police check. The cost of this will be covered by the project.

Who we are looking for:

Calling for six experienced musicians who are excited about the idea of playing music in hospitals and aged care as part of health programs.

- Not just good musicians but people who share their music well, who are comfortable interacting (sometimes one-on-one) with people and responding to their needs, who are adaptable.
- You don't need to be a professional musician or have music qualifications but you must be able to demonstrate accomplishment.
- Open to musicians of all styles and genres – although people who have a versatile and wide repertoire have an advantage.
- Maybe the people were looking for work the live music scene at night? Perhaps they're musicians who work in education? Maybe they have experience working in other areas of health?
- People with a commitment and availability to ongoing work in this area.

Specific selection criteria

- Participating musicians must be based in the Arts OutWest area. Preference will be given to musicians who live in the Arts OutWest area, but musicians who live outside the area but have strong links to the area (eg. regular music teaching in the region) will be considered.
- The musicians do not need to be professional musicians or have a music qualification. However they must be able to demonstrate that they are accomplished musicians who are accomplished on their instrument.
- Because this particular training and work involves moving around the hospital, visiting spaces for short periods and moving on, and working in a variety of small spaces we are seeking musicians who are able to play instruments that are well suited to health settings. For example, there is a preference for instruments that are portable to some extent and are not extremely loud. Being able to sing can also be useful.
- Musicians need to feel comfortable interacting with people and responding to their needs.



Practitioners **must** be available to attend both days of the workshop on 26 & 27 June in Parkes. Arts OutWest is willing to assist anyone with transport difficulties to get to and from the venue and provide accommodation.

How to apply:

Interested creative practitioners should send a short CV and a covering letter explaining why they are interested in the training and how they meet the selection criteria.

For any further enquiries please contact the Arts OutWest office:

Tracey Callinan
artsoutwest@csu.edu.au
02 6338 4657

See the draft program on the next page



Draft program

Monday 26 June		
1:00pm	The group meet for lunch	Parkes Hospital – meeting room 1
2:00pm	Welcome to Lachlan Health Service (Liz Mitchell)	Meeting Room 1
2:15pm	Introduction and background to the program Tracey Callinan	Meeting Room 1
2:45pm	Tour of the hospital (Christine McMillan)	Hospital
3:15pm	Music in Health settings 1 Kerrie Davies	Meeting Room 1
3:45pm	Afternoon tea	Meeting Room 1
4:15pm (7.15am UK)	Music in Health Settings 2	Meeting Room
6:00pm	Finish. Group dinner	Tbc
Tuesday 27 June		
9:00am	Re-cap on the learning from previous day (Tracey Callinan)	Meeting Room 1
9:30am	Aged care work (Christine McMillan)	Meeting Room 1
10:00am	Field trip to Jemalong Christine McMillan	Jemalong Retirement Village
11:00am	Morning tea	
11:30am	Music in health settings 2 (Kerrie Davies)	Meeting Room 1
1:00pm	Lunch	
2:00pm	Practical sessions Participants trial their approaches, giving sessions in the hospital.	Meeting Room 1
4:00pm	Feedback and discussion Kerrie and Tracey)	Meeting Room 1
4:30pm (7.30am UK)	Music in Health Settings 4 (Opus)	Meeting Room 1
6:00pm	Finish	
Afterwards, each participant will deliver another session in a hospital or aged care setting, supported by Tracey or Kerrie. This will be negotiated individually to be as convenient as possible for each music practitioner		